

PRESS KIT

Elia Bean

Everything the press needs, in one place.

BIOGRAPHY

Dr. Elia Bean

Hypnotherapist, author, and recording artist. Dr. Elia Bean is one of the most dynamic voices in mental health, hypnotherapy, and regenerative medicine — bridging clinical hypnotherapy, regenerative medicine, and spiritual intelligence to guide total mind–body transformation. Featured in Celeb Magazine (November 2025) as one of the Top 10 Most Beautiful Faces of 2025.

Long biography

Dr. Bean guides clients navigating chronic pain, PTSD, and trauma toward total mind–body transformation. Her practice sits at the intersection of clinical hypnotherapy and regenerative medicine, drawing on spiritual intelligence to help clients move from survival into sustained wellbeing.

She also mentors elite performers — Olympic athletes, professional boxers, and NFL players — supporting the mental resilience required at the highest levels of competition.

Her album *Finding My Wings* extends the same work into sound: a body of songs about stillness, love, and beginning again. Together, the practice, the writing, and the music form a single invitation — to come home to yourself.

At a glance

- Clinical hypnotherapy, regenerative medicine, and trauma healing
- Mentor to Olympic athletes, professional boxers, and NFL players
- Author and recording artist — album: *Finding My Wings*
- Featured in Celeb Magazine, November 2025

APPROVED PHOTOGRAPHY

Portrait 01



Editorial portrait — landscape orientation.

Recommended use — Feature headers, wide layouts, web hero banners.

Credit — Courtesy of Elia Bean.

APPROVED PHOTOGRAPHY

Portrait 02



Celeb Magazine cover — Top 10 Most Beautiful Faces of 2025.

Recommended use — Magazine features and profile spreads.

Credit — Courtesy of Celeb Magazine / Elia Bean.

APPROVED PHOTOGRAPHY

Portrait 03



Environmental portrait — vertical orientation.

Recommended use — Lifestyle features, interviews, editorial columns.

Credit — Courtesy of Elia Bean.

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Requests

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MEDIA HIGHLIGHTS

Recent coverage

CELEB MAGAZINE · NOVEMBER 2025

Dr. Elia Bean — The Hypnotherapy Visionary Transforming Mental Health, Trauma Healing & Regenerative Wellness

A feature on Dr. Bean's multidimensional practice — bridging clinical hypnotherapy, regenerative medicine, and spiritual intelligence to guide total mind–body transformation.

celebmagazine.com/index.php/2025/11/17/dr-elia-bean-the-hypnotherapy-visionary-transforming-mental-health-trauma-healing-and-regenerative-wellness/

PRESS CONTACT

Let's tell a beautiful story together.

For interviews, features, and appearances, please reach out. Elia is represented independently and responds personally to thoughtful inquiries.

Contact

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